

Reflections

Reflections - An e-magazine showcasing the artistic talents of Medics

June 2022

Volume III Issue 6



Inside this issue:

Editorial	2
Humour	3-5
Paintings & Sketches	6-19
Literature	20-22
Photography	23-26
Last Page	27

Photography - Dr. Patrick Basu

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Radiologist's Musings - Viral Parekh

June 2022

Volume III Issue 6

Hi!, Namaste,

I am very happy to present here the 27th. issue of Reflections. I hope with the conditions normalizing, we are all slowly back to our normal life. Let us hope we don't face yet another wave of Covid.

A few days back I read a news item that a tribunal in Sheffield, UK has found that it can be sex harassment to comment on a man's baldness. Are we over reacting to everything? Has mankind become hypersensitive to every comment, every observation? For my generation who went to school in late sixties and seventies, this looks very intriguing. During our school days, we used to be called by different names. A tall guy was called "lambu", a short guy was called a "natu", a fat guy was called "motu" and a thin guy was called "patlu." I remember, when I was in class VIII, a friend of mine had gone completely bald just at the age of 13, he was called a "Taklu" by most of the schoolmates. Many of our schoolmates had forgotten his real name and he was known only as Taklu. Even at that age, he never used to get angry and used to laugh it off. Later in life, when he used to call me and if I was not at home, he used to say my mother that inform Viral that Taklu had called. Now, we are reacting to slightest fun at us very seriously and get easily hurt. We are constantly fighting with each other on trivial issues. We have become intolerant to slightest of fun at us. We have to learn to be more large minded and ignore minor digs at us. This is my personal view, which might be completely wrong but that is how our generation was brought up. May be the present generation's sensitivity to minor digs is appropriate and not understood by us entirely. Well every debate has two sides. I personally feel there is not point wasting your time on minor issues. Let us hope we are able to ignore controversial and trivial issues and move on. As someone has rightly said that " weak people revenge, strong people forgive, intelligent people ignore." Someone else has also very rightly said that " People have a right to their opinion and you have right to ignore it."

This issue would not have been possible without the help of Dr. Patrick Basu, Dr. Praveen Bhatia, Dr. Harshith Kramadhari, Dr. Sushma Marulkar, Dr. Kanchan Pathak, Dr. Varsha Vaishnav, Dr. Shalini Agarwal, Dr. Rohini Patil, and Dr. Sushanta Bhadra. I am obliged and sincerely thank all of them.

"You say it best when you say nothing at all" - Paul Overstreet and Don Schlitz.

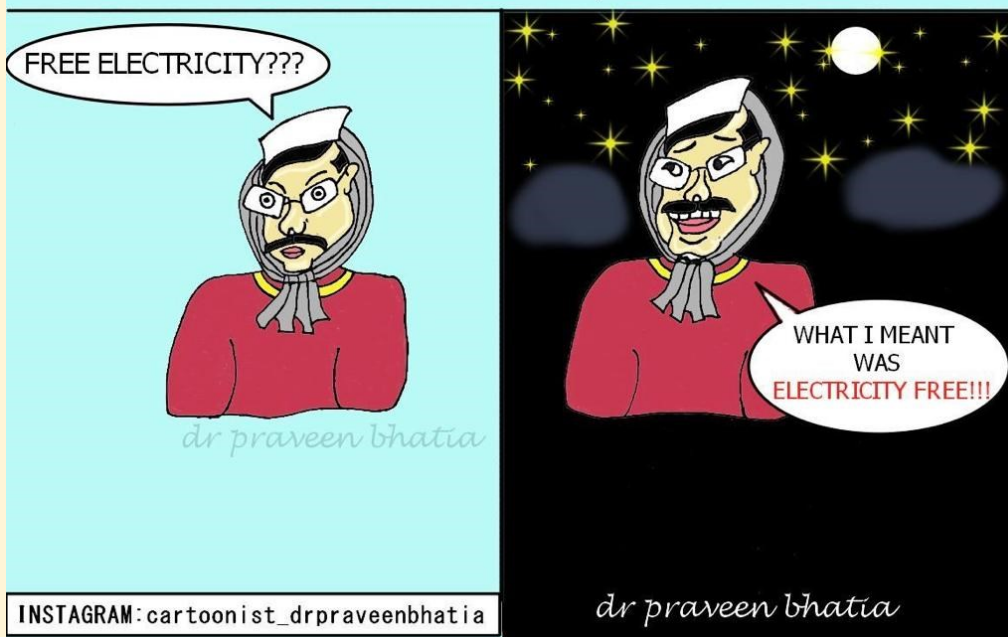
Humour - Cartoons



Dr. Praveen Bhatia,
MBBS. MD
Consultant Radiologist

Dr. Praveen Bhatia is also a fellow Radiologist, He has done MBBS from UCMS Delhi and MD Radio-Diagnosis from Maulana Azad Medical College, Delhi. He runs a diagnostic centre at Faridabad, Haryana. He started cartooning initially as time pass during corona lockdown, enjoyed and then carried on. He is also an avid traveler, blogger and corona time singer. Here are some of his cartoons, which I am sure will tickle you.

PUNJAB & MANY OTHER STATES REELING UNDER LONG POWER CUTS
KEJRIWAL: THE POSTER BOY OF FREE ELECTRICITY, OTHER PARTIES FOLLOWING SUIT



VICIOUS ATTACKS ON DOCTORS, LITIGATIONS
NON-SUPPORTIVE MEDIA AND ESTABLISHMENT
HIGH COST & LONG DURATION OF BACK BREAKING STUDIES
HIGH COST OF PRACTICE SETUP WITH EVER INCREASING GOVT CONTROLS



Humour - Cartoons



Dr. Praveen Bhatia,
MBBS. MD
Consultant Radiologist



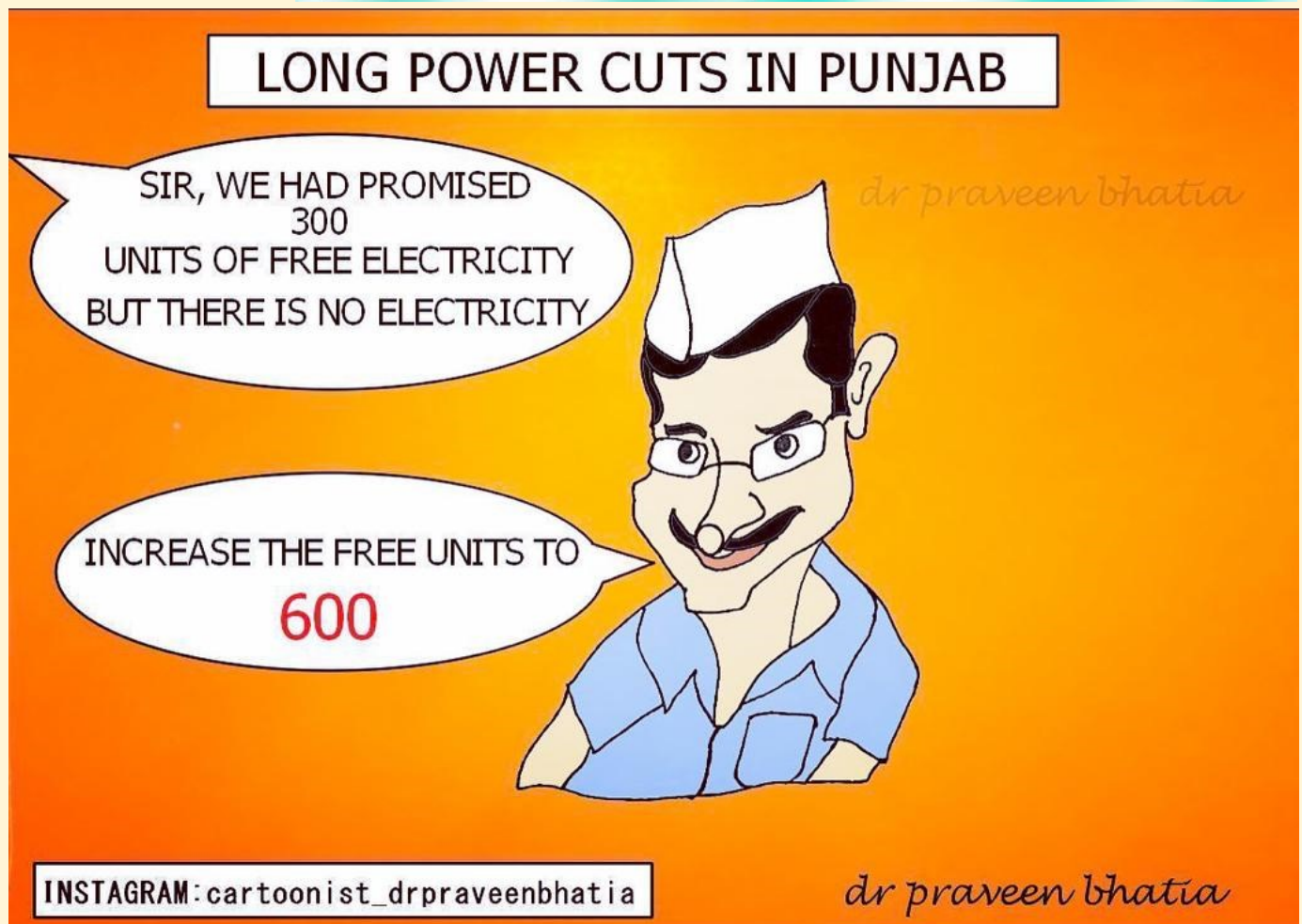
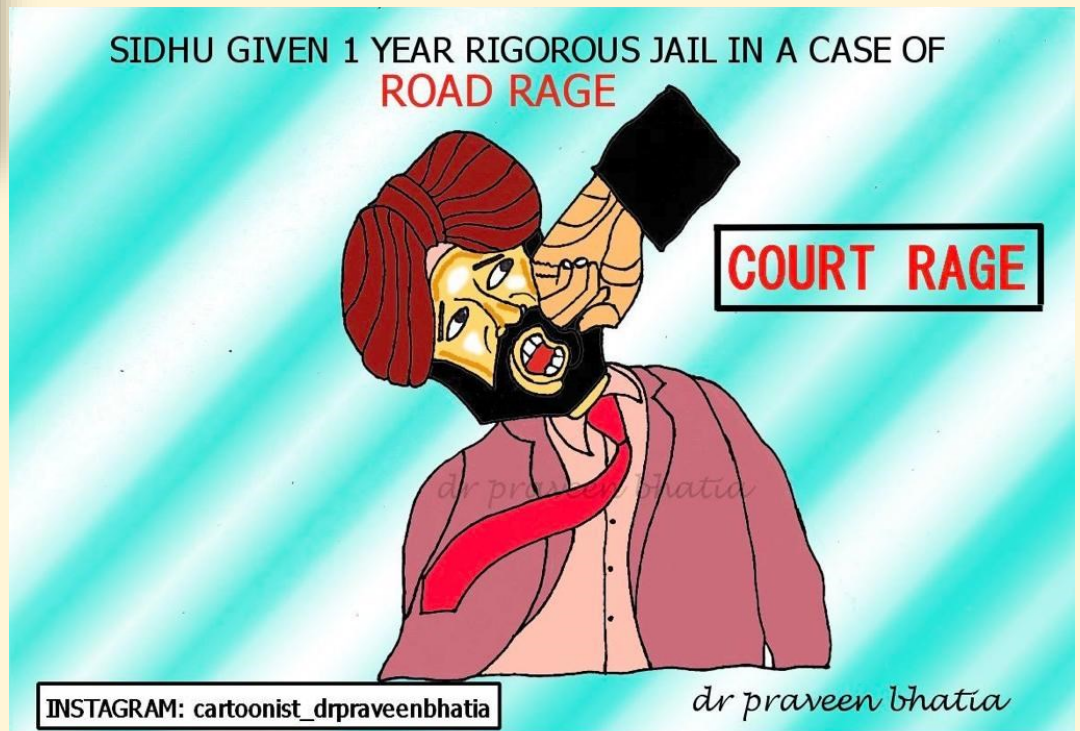
PAKISTANI RUPEE DIPS PAST 200 A DOLLAR



Humour - Cartoons



Dr. Praveen Bhatia,
MBBS. MD
Consultant Radiologist



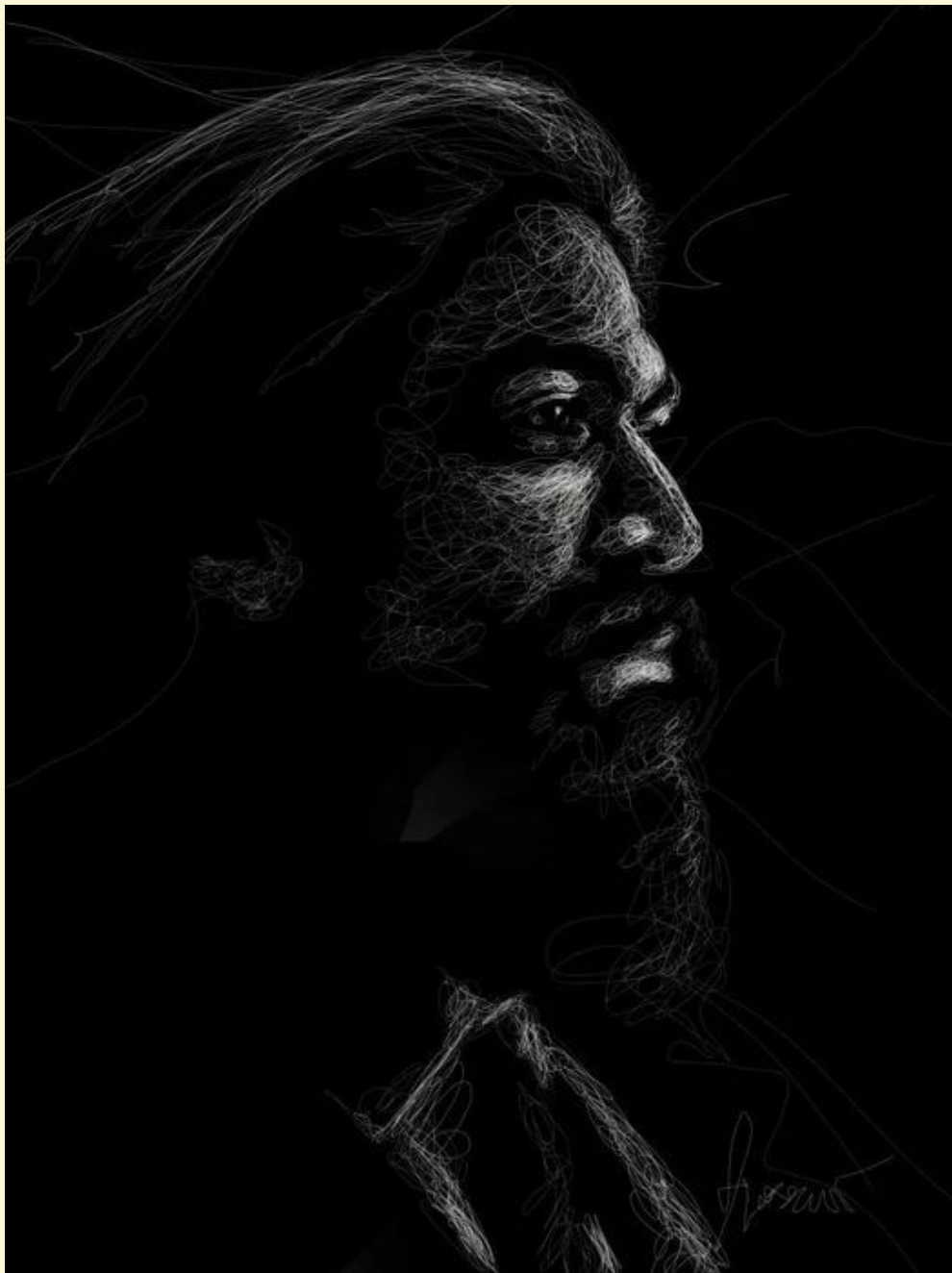
Art - Paintings



Dr.

Harshith Kramadhari
MBBS, DNB, DM
Consultant Radiologist

Dr. Harshith Kramadhari, is also a fellow Radiologist and Assistant professor and Intervention Radiologist at KS Hegde Medical Academy, Mangalore, Karnataka. Painting his passion and here is some of his work. I am sure you will be in awe of his work.



Art - Paintings



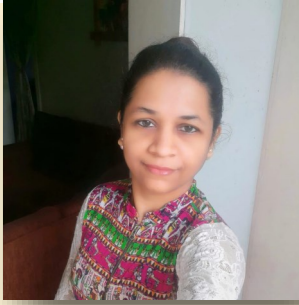
Dr.

Harshith Kramadhari
MBBS, DNB, DM
Consultant Radiologist

3D Paintings



Art - Paintings



Dr. Sushama Marulkar
MBBS, DMRE
Radiologist
Shubham Diagnostic Centre,
Satara, Maharashtra.

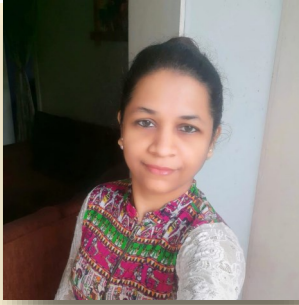
Dr Sushama Marulkar is also a Radiologist. She completed her MBBS from MGM Medical college, Navi Mumbai. She did her DMRE from Kolhapur. She and her husband who is also a Radiologist have their own diagnostic Centre, Shubham Diagnostic Centre at Satara, Maharashtra.

During school days, she passed elementary, intermediate drawing exams with good grades, had dream to pursue a career in photography or fashion designing. During MBBS days, she had won art related and rangoli competitions.

After starting her own clinic, she also got interested in satin flower making, so created her own Facebook page, Sushama's magic with uploads of satin flower making procedures. Later on, tried hands on various artforms, but sketching s most skillful art learnt during lockdown. Here are some of her artwork.



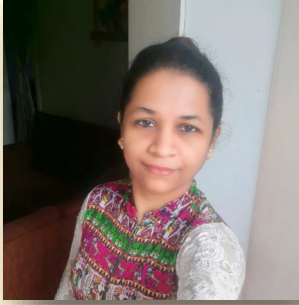
Art - Paintings



Dr. Sushama Marulkar
MBBS, DMRE
Radiologist
Shubham Diagnostic Centre,
Satara. Maharashtra.



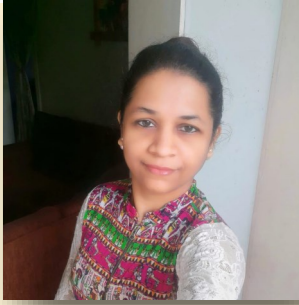
Photography



Dr. Sushama Marulkar
MBBS, DMRE
Radiologist
Shubham Diagnostic Centre,
Satara. Maharashtra.



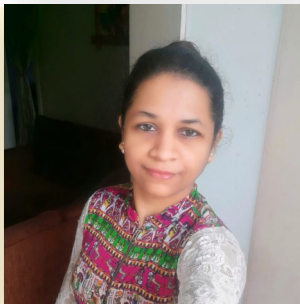
Art - Paintings



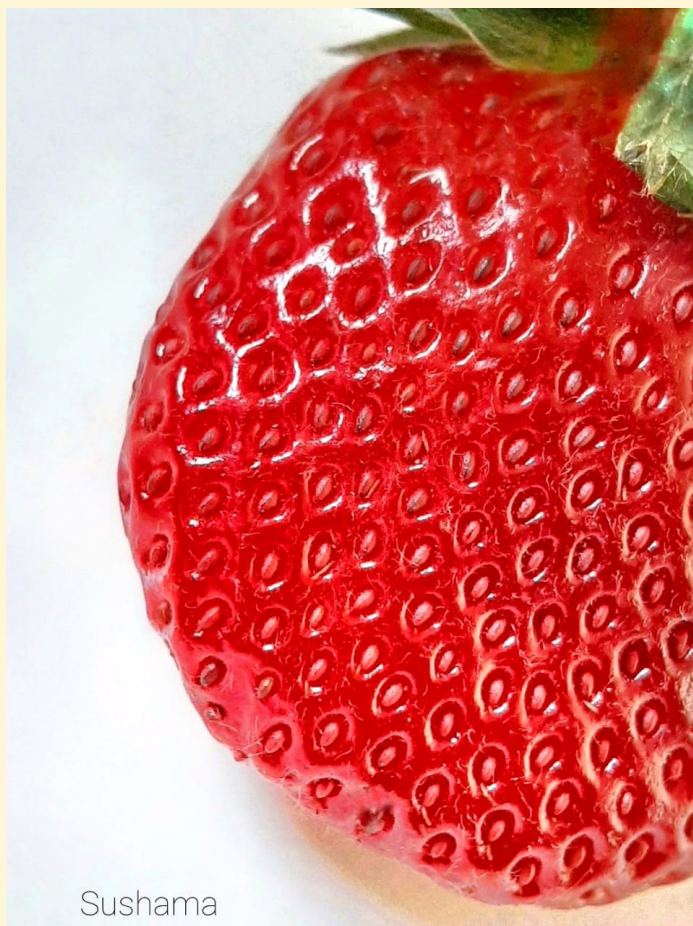
Dr. Sushama Marulkar
MBBS, DMRE
Radiologist
Shubham Diagnostic Centre,
Satara. Maharashtra.



Art - Paintings



Dr. Sushama Marulkar
MBBS, DMRE
Radiologist
Shubham Diagnostic Centre,
Satara. Maharashtra.



Art - Paintings



Dr. Kanchan Pathak is an Otorhinolaryngologist by profession and ex-student of R. G. Kar Medical College, Kolkata. He is also one of my classmates and one of my oldest and close friends from the class. He is a self taught painter and painting is his passion . Here are some of his sketches and paintings on Satyajit Ray and his creation. I am sure you will love them.

Dr. Kanchan Pathak
MBBS, DGO, MS
Consultant ENT Surgeon,
Nayagram Multispecialty
Hospital
Govt. of West Bengal,



Way to Temple

Art - Paintings



Dr. Kanchan Pathak
MBBS, DGO, MS
Consultant ENT Surgeon,
Nayagram Multispecialty Hospital
Govt. of West Bengal,
West Bengal, India.



On the way

Art - Paintings



Dr. Kanchan Pathak
MBBS, DGO, MS
Consultant ENT Surgeon,
Nayagram Multispecialty Hospital
Govt. of West Bengal,
West Bengal, India.



Bad times

Art - Paintings



Dr. Kanchan Pathak
MBBS, DGO, MS
Consultant ENT Surgeon,
Nayagram Multispecialty Hospital
Govt. of West Bengal,
West Bengal, India.



The Market

Art - Paintings



Dr. Varsha Vaishnav is an ophthalmologist by profession and she practices in beautiful city of Bhopal. Here are some of her paintings. I am sure you will like it. Her favourite colours of life are flowers, specially roses , may be because they don't tell - they show...Colours are the smiles of nature, they are the notes that shape music, they are the pieces that fit together in a puzzle...so dream in all colours ...her new oil painting.

**Dr. Varsha Vaishnav,
MBBS, MS
Consultant Ophthalmologist,
Bhopal, MP.**



Art - Paintings



**Dr. Varsha Vaishnav,
MBBS, MS
Consultant Ophthalmologist,
Bhopal, MP.**



Art - Paintings



**Dr. Varsha Vaishnav,
MBBS, MS
Consultant Ophthalmologist,
Bhopal, MP.**



Literature - Poems



**Dr. Shalini
Agarwal
MBBS, MD,
Pt. B D Sharma,
Post Graduate In-
stitute of Medical
Sciences
Rohtak.**

Dr. Shalini Agarwal is also a fellow Radiologist. She had a long career as an air force officer and as a consultant in the non-defense government setup. She had done her MBBS in 1987 from AFMC, Pune and MD in 1998 from AH(R&R) Delhi.

She is consultant at her present hospital since 2004. She has done Commonwealth fellowship and ESSR Diploma in musculoskeletal radiology also.

Her hobbies are Reading, writing, and cooking. Here are few of her poems. I am sure you will like them.



फिर क्यों

आप मुझमें गरीबी देखते हैं,
मैं आपमें दुखी हूँ, फिर भी खुश रहता हूँ

तन पर कपड़ा नहीं, मन की आइ लेता हूँ
छत नहीं तो उड़ान ही भर लेता हूँ

कुछ नहीं है, फिर भी कमी नहीं है
खाली पेट में तो सो लेता हूँ

मलमल की आदत नहीं, काँटे कभी चुभते नहीं
कल का गाड़ित कभी सीखा नहीं

कुछ नहीं हैं, तो डर क्यों
यह दुनिया मेरी और दुनियावाले मेरे भाई

मेरा नर्क ही मेरा स्वर्ग है
हंसी आती है आप पर
सब है, तो मायूस क्यों?

Literature - Poems



**Dr. Shalini
Agarwal
MBBS, MD,
Pt. B D Sharma,
Post Graduate In-
stitute of Medical
Sciences
Rohtak.**

FINDING HOME

**A tiny mermaid,
slipped into silvers of water
with a whisk of her tail
eager to find her loving home
lost while she dreamt.**

**Bright eyes gleamed with tears
Streaming hair faithful inline
Heaving bosom causing envy
in prettiest of princess minds.**

**The burly tortoise coveted her,
Octopus wished her to stray.
The lion gave her a quick look
and urchin wanted to play.**

**She swam in shallow waters
and went to the deep;
making friends with shoals of fish
she went east.**

**A Dolphin somersaulted
saluting her efforts.
Taking pity on the lost soul
directed her landwards.**

**Unable to walk on the sands
like the two-legged creatures she
saw,
she slithered in vain efforts
to reach her missing goal.**

**Surrounding her, they gaped
Touched her very curious
Wanted to know her name
wondered if she was real.**

**Children danced around
pulling at her fins;
laughing and clapping they sang
a song, alien to her means.**

**As the night drew, the onlookers
went to their homes,
leaving her dazed and dejected
with nowhere to go.**

**Home she could not find
the most beautiful creature on earth
vast land and eons of water
of no use to her.**

Literature - Poems



Dr. Rohini Patil
MBBS, DGO
Consultant G&O
Vasai, Maharashtra,

Dr. Rohini Charudatta Patil is a Gynecologist by profession. She finished MBBS and DGO from GMC Miraj. She started practicing at Abhinav maternity nursing home in Nallasopara, Vasai, Palghar 12 years back. She was a columnist for "Tanaat Ma-naat", Dainik Herald newspaper, Goa for 2 years. She has finished 5 exams from Gandharva Vidyalaya in Kathak Nritya. She is about to publish a booklet of four liners. Here are some of her poems.

IF ONLY

In this season
With the mercury risen.....
Where people go sweaty
And veggies turn rotty
Cold drinks are served warm
And savouries lose their charm
Where ice cream goes runny
A notion although funny...
Made me feel oh so sunny

....

If only.....
The Summer
Could melt rigid minds
Negative thoughts all refine
Strong heads need clarify
All interactions purify
Friendship need glorify
All jealousy mystify
Warm up smiles to healthify
Cold attitudes do rectify

Then...

None would curse summer season
For a purpose ; a very good reason

SILENCED FOREVER

And once again ...
The lovely dovey
The cosy curly
Innocently pleasant
Sweet pies
Of several moms
The future of...
Happy families
Dreamy lullabies
Citizen wannabies
Reduced to woes n cries
A ruthless gush
Of devilish destiny
Hopelessness n mutiny
Of which...
Are we just witnesses
Or feel the gravity
As world citizens
What is our duty
Or we merely accept
This as Destiny.

Glamour Photography



Mr. Sushanta Bhadra is also my classmate and a very dear friend from R. G. Kar Medical College. He is probably the most qualified amongst 150 classmates of our Medicos-80 batch. He now stays in Bexley, Kent, UK. In spite of a very busy schedule, he still manages to pursue his passion for glamour photography. Some of his work is here and I am sure it will please you.

**Mr. Sushanta Bhadra,
MBBS, MD, DTMH,
DNB, FRCOG, FRCGP,
LLB.
Clinical Director,
North Bexley PCN**



Glamour Photography



Mr. Sushanta Bhadra,
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Clinical Director,
North Bexley PCN
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PCN



Glamour Photography



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Glamour Photography



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PCN**





Photography : Dr. Patrick Basu

Next issue in July 2022

I am bringing out such e-magazine with a frequency of one issue every month. So, next issue will be published in July, 2022.

I am hereby inviting all the professionals who indulge in extra-curricular activities to share her/his work with me and if it is of good quality, I will surely publish it.

So, I request all of you to contribute to this Newsletter. Please send your material in Word format with good quality images. Please send your photograph and details of your place of work with email address also. Your material should reach us by 15th. Of June, 2022.

What do you feel about Reflections.? How can it be improved? Do you like or dislike something in this publication? Please share your thoughts and I will publish them in next edition of Reflections.

Please write to : reflections2020@hotmail.com

So long.

Viral Parekh

Reflections

Conceptualised and edited by
Dr. Viral K. Parekh,
MBBS, DMRD, DNB